

# Central Dauphin Baseball Association COVID-19 Safety Protocols

It is Central Dauphin Baseball Association's intention to provide baseball for the youth of our community in the Summer/Fall of 2020. CDBA wishes to emphasize that **we are all in this together**. Our efforts to safely provide the children with recreational baseball this summer does not work without your full cooperation and participation in the safety protocols. Please be responsible to each other in trying your best to follow the safety guidelines and self-screening for COVID-19 symptoms. The guidelines incorporate recommendations from various sources and are consistent with recommendations released by [Babe Ruth League](#), the [CDC](#), and the [Pennsylvania Governor's Office](#).

1. Screenings by Parents before arriving for baseball activities
  - All parents will be held responsible for their children. Please keep ALL people who are sick at home.
  - Assess wellness of child before participating in any baseball activity
  - Take temperature before attending any baseball activity. Reading over 100 is an automatic NO PARTICIPATION reading for any baseball activity. Please do not give Tylenol, etc. to bring the temperature down. Temperature reading must be below 100 for 72 hours. Within the last 72 hours, none of these COVID-symptoms should be present (along with a temperature over 100): cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat, new loss of taste or smell, vomiting, rash or diarrhea.
  - Please encourage your children not to touch their faces.
  - Communicate temperature reading if above 100 to your child's coach.
  
2. Arrival Protocols for Baseball Activities
  - Parents should abide by social distancing protocols as much as possible.
  - It is the responsibility of all adults and athletes to utilize face masks when not able to abide by social distancing protocols.
  - At this time, no use of the bleachers immediate to the dugouts is permitted. Parents may watch practice or games using their own respective lawn chairs from the outfield areas using social distancing protocols (keeping 6' away from other fans or families).
  - Spectators should use face masks if unable to adhere to social distancing guidelines.
  - Players must bring their own water bottle/beverage to consume during and after baseball activities. Sharing of water bottles/drinks and snacks is prohibited.

3. Equipment Disinfecting [baseball gear for players / handling field maintenance gear]
  - Coaches must disinfect shared equipment before and after each practice.
  - Players should use their own equipment (helmets and bats) as much as possible.
4. Training / Protocols for Coaches
  - All coaches must use face masks if they are within 6' of any player.
  - Coaches must adhere to six-foot social distancing practices.
  - No spitting or eating seeds, gum, or other similar products.
  - No touch rule – coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. A “tip the cap” can be used following the game in lieu of the handshake line.
  - Coaches should ensure the players are adhering to social distancing in dugouts and other seating areas.
  - Whenever possible, equipment and personal items should have proper separation and should not be shared. If equipment must be shared, proper disinfecting should be administered between users.
5. Practice Protocols [before practice / during / after]
  - No dugout use for practice. Players must spread their baseball bags/equipment using the inside fencing at each field.
  - For each practice session, it is recommended that coaches divide players into groups and establish rotating shifts when possible.
  - Baseballs and other baseball equipment must be disinfected and wiped down after practices and games.
6. Game Protocols [pre-game / in-game / post-game]
  - Pre Game:
    - i. Use of dugouts is permitted during games only. When teams are off the field during times of normal dugout use:
      1. Only 4 players are permitted in the dugout. This does not include the on-deck area.
      2. The remaining players should have designated spots in the bleachers. Players may bring their own lawn chair to sit in and place their personal items. Coaches must designate an adult who is responsible for ensuring players are seated on the benches unless they are actively participating in the games. If requested by parents, players are permitted and encouraged to wear face masks when not on the field.
  - In-Game
    - i. Because of COVID-19, coaches must understand that the goal of this season is to ensure every player has fun and some return to

“normalcy.” Coaches who willfully violate these protocols must meet with the CDBA Board before being allowed to coach again.

- ii. No coaches will be allowed on the field to disagree or argue a call. Coaches must call the umpire towards their dugout with questions and remain 6’ away.
- iii. For mound visits, coaches must put a mask on when visiting the pitcher (or maintain 6’ social distancing). Base coaches should do their very best to remain 6’ away from players (runners and infielders). Coaches cannot touch a runner or player on the field.
- iv. Players must put batting gloves into their back pocket. Base coaches are not to handle them.
- v. Adult umpires calling balls and strikes should allow adequate distance behind the catcher while still able to perform their duty or call the game from behind the mound. This will be the choice of adult umpires. Youth/Teenage umpires will call the game from behind the mound.

- Post-Game

- i. Postgame handshakes or physical interaction between teams are prohibited. Please teach the players while practicing social distancing to tip their hats to their opponents from their respective side of fencing.
- ii. When games end, the leaving team must disinfect their dugout area and baseball equipment. Please refer to the checklist to ensure all protocols are followed.
- iii. All groundskeeping equipment used before the game and after must be disinfected.

## 7. Dugout / Facility / Park Protocols

- Fans must bring their own chairs or stand. Fans should keep six feet of social distancing between different household units. No fan seating or standing is allowed in the area from behind home plate to six feet past the far end of each dugout.
- Fans and spectators must not enter player areas (on the field of play or bench areas).
- Only 2 adults adhering to social distancing protocols may be present in the press booths. No children permitted.
- Only adults may handle and use scoreboard remote and microphones. All equipment must be wiped down and disinfected before and after each individual use.
- Per CDC guidelines, no more than 90 people should be gathered at a single field.

## 8. Concessions

- Concession stands will only be offering pre-packaged foods and beverages for now. This is subject to change. We encourage individuals not to congregate near the concession stand to protect the other customers and the volunteers who are running the concession stands. The use of face masks should be used if customers are unable to adhere to social distancing guidelines. Adequate supply of hand sanitizer should be available in the concession area. All concession stand workers are required to wear masks and adhere to concession stand guidelines.

## 9. League Communications

- Each individual association in CDBA will conduct meetings to instruct their membership on our approach to baseball activities in 2020 and to answer any questions from parents.
- Review new procedures with all Team Coaches prior to the first activity or game at the park.

## 10. PPE

- CDBA will supply hand sanitizer at all field locations; however, it is recommended that each athlete should bring their own sanitizer if possible
- CDBA will make available gloves for coaches to disinfect baseball equipment, dugouts, bleachers, etc.



## **CDBA Checklist for Disinfecting Guidelines**

Coaches:

Before leaving CDBA facilities, have you...

- 1) Disinfected all shared baseball equipment (baseballs, catcher's gear, etc)?
  
- 2) Disinfected the dugout area, bleachers and other common areas where players were located?
  
- 3) Reminded the players to thoroughly wash their hands and avoid touching their faces and others until they have done so?